

Summer Diving Program at UIC 2013
June 10 to August 1

Diving Team Spring Training:

Monday, Tuesday, Wednesday

3:00-6:00 pm

Thursday

4:30-7:30 pm

*Practices will include 45-60 of dry land training

**Practices may vary depending on facility availability.

Please check the Windy City Diving Team web site calendar and news for up to date practices and times.

Fees:

2 practices per week	\$ 375.00
3 practices per week	\$ 475.00
Full Practice Schedule	\$ 525.00

All Checks payable to Windy City Diving Team

- All members diving program must be registered in USA Diving at either the Competitive Gold or Blue Level. www.usadiving.org
- USA Diving Registrations must be completed on line before the first start date.
- Release form must be signed by a parent before the start of the first practice.

Check and all forms must be presented at the beginning of the first practice of the session.



WINDY CITY DIVING

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