

# Windy City Diving Dryland Training Center

Signature Gymnastics Academy  
2246 Palmer Drive Suite 107  
Schaumburg, IL 60173

## FALL 25 TRAINING INFORMATION

Sept. 9, 2025 - , Nov. 12, 2025

## NEW TRAMPOLINE STATION ADDED

Participant must complete the below requirements:

- 1) AAU diving current membership (as a member of Windy City Diving team)
- 2) Signature Gymnastics Academy signed waiver.

When: Tuesday and Wednesday Groups 7-8:30pm

	Tuesdays.	Wednesday's
Week 1:	9/9/25.	9/10/25
Week 2:	9/16/25	9/17/25
Week 3:	9/23/25	9/24/25
Week 4:	9/30/25	10/1/25
Week 5:	10/7/25	10/8/25
Week 6:	10/14/25	10/15/25
Week 7:	10/21/25	10/22/25
Week 8:	10/28/25	10/29/25
Week 9:	11/4/25	11/5/25
Week 10:	11/11/25	11/12/25

Fees:

One day per week = \$300, DROP IN \$40.00

Two days per week = \$ 500, DROP IN \$40.00



WINDY CITY DIVING



WINDY CITY DIVING

**Dryland Registration form: Fall 25**

Diver Name: \_\_\_\_\_

Diver e-mail: \_\_\_\_\_@\_\_\_\_\_.\_\_\_\_\_

Parent e-mail: \_\_\_\_\_@\_\_\_\_\_.\_\_\_\_\_

Parent: Emergency Phone#: \_\_\_\_\_

**Training Day: (circle one)**

Tuesday.      Wednesday.      BOTH

**Checks made payable to: Windy City Diving Team**

Send via mail or bring to FIRST Session:

Windy City Diving Team

1139 Gordon Terrace

Deerfield, IL 60015

OR

Pay by Zelle



WINDY CITY DIVING

(847) 971-0438

BUS COMPLETE CHK (...3421)



zelle®