

Windy City Diving Team

Beginning Lessons Program at UIC

2026 Spring Session Beginning Diving Lessons:

- Open to anyone who is between the ages of 8-14
- Must be able to swim and dive headfirst off the side of the pool.
- No formal experience is necessary – we will teach you everything you need to know!

Start Date: March 4th to April 15st, 2026

Wednesdays from 5:30-6:30 pm

- UIC Flames Natatorium
- Bring a swimsuit, towel, shorts, and t-shirt
- **Class size will be limited to 6 participants**

Fee:

- 1 day-a-week option \$ 275.00

All participants must be registered in AAU Diving and attached to the Windy City Diving team. <https://aausports.org/Join-AAU>

The registration form must be completed and returned with a check payable to

**Windy City Diving Team
1139 Gordon Terrace
Deerfield, IL 60015**



WINDY CITY DIVING

Spring Diving Lessons registration form

Parent Name: _____

Child's Name: _____

Child's Age: _____

Email address: _____ @ _____ . _____

Emergency Contact Phone Number: _____

Lesson Days: Wednesday from 5:30-6:30 pm

Payment: _____

Check #: _____

Please mail this form along with a check payable to Windy City Diving.

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Deerfield, IL 60015

****All participants must be registered with AAU Diving and identify Windy City Diving as their team. Please enclose a copy of your membership card.**